Dear EGPS Community,

We come together as group leaders in a time of pandemic and societal crisis, where group and leadership dynamics fuel structural racism more evident and deadlier than ever. We consider what it means for EGPS to be an antiracist organization committed to reparations for slavery, to addressing past and ongoing harm and injustice. We struggle to break the silence, to speak when we don’t have words, to stand together in solidarity. We struggle with our own failings, limitations, privilege, and bias.

With outrage and grief, we say the names Breonna Taylor, Ahmaud Arbery, and George Floyd. Human beings killed because they were black.

We come together as members of the EGPS community, week by week, called upon to show up for each other in new ways. Not as heroes, but as human beings. Together we make EGPS the community we want it to be to see us through these times and help shape what lies ahead. Please email me (egardnerphd@gmail.com) if you are interested in getting more involved.

This week, Claudia Arlo, Carolyn Ehrlich, and Jonah Schwartz lead their final "Containing the Containers" Community Support Group for frontline, hospital workers. Thank you. Thanks also to Past President Richard Beck for hosting tomorrow’s Community Forum.

Yours,

Erica

President, EGPS
egardnerphd@gmail.com
EGPS Events

Week of June 1, 2020

Each event has their Zoom link in the same box as the event information or who to contact re registering for the event. Please be sure you are using the correct link for the event.

(Remember if you’re linking to Zoom from your computer to have your camera uncovered and your mic turned on. Headphones/earbuds are best!)

EGPS Community Forum

Tuesday, June 2nd
8:45 – 9:45 PM
Hosted by EGPS Past-President, Richard Beck

This will be a place for our members to come together as a community to connect, reflect upon these uncertain, tough times, and support one another.

Click this link to join the group:
Click this link: https://zoom.us/j/986260725
Meeting ID: 986 260 725
call-in: (929) 205-6099

For your and the group's benefit we strongly encourage you to join us by video.

(If you have trouble with the link, please check the EGPS listserv to see if updated information has been posted.)
A Support & Connection Drop-In Hour:
For Professionals with 10+ Years of Experience

Friday, June 5th
11:30 AM - 12:30 PM
Hosted by Judith Schaer, LCSW, CGP, FAGPA

At times like these, we need each other more not less. Please join us as we connect and create a zoom support community to cry and laugh together. To speak about our work, our families and ourselves. We Are All There Wounded Healers.

Click this link to join the group:
Click this link: https://zoom.us/j/5077489515
Meeting ID: 507 748 9515; Call-in: (646) 558-8656

(If you have trouble with the link, please check the EGPS listserv to see if updated information has been posted.)

---

A Support & Connection Drop-In: For "Containing the Containers" - For those that work in hospitals, clinics, agencies and other organizational settings

Saturday, June 6th (this will be the last meeting of this group)
5:15 - 6:30 PM
Co-facilitated by Claudia Arlo, LCSW-R, CGP, FAGPA, and Jonah
Schwartz, LCSW. Carolyn Ehrlich, LCSW-R, CGP, will act as group consultant.

The Membership Committee of the Eastern Group Psychotherapy Society is sponsoring an online support group for people (clinicians, doctors, etc.) working in hospitals, clinics, agencies, and other organizational settings during the COVID-19 pandemic. This is a drop-in group to help practitioners process their experiences in working and living during these challenging times.

This group is free and open to Members and Non-members of EGPS

Click this link to join the group:
Click this link: https://zoom.us/j/942128840
Password: 2020; Meeting ID: 942-128-840

(If you have any difficulty joining the meeting please text Carolyn Ehrlich at: 646-335-5885 or Claudia Arlo at 917-575-0532)

Manhattan Discussion Group

Sunday, June 7th
11:30 AM - 1:30 PM

"THE CONUNDRUM OF DESIRE & ATTACHMENT: How Therapists Can Integrate Sex Therapy into
Wendy Miller, PhD

Click the link below for a complete description and registration information. There is a fee for this event and you must preregister by Friday, June 5th at Noon. Once your register is received, the link to join the meeting will be sent to you before Sunday.

CLICK THIS LINK FOR FURTHER INFORMATION ABOUT THIS EVENT

Affinity Group for Black Identified Individuals - When They Get A Cold We Get Pneumonia

Sunday, June 7th
5:00 - 6:30 PM
Hosted by Geraldine Howard, Rudy Lucas and Tony Patterson

The EGPS Board of Directors supports the Work Group 4 Racial Equity’s second mounting of an Affinity Group Experience for Black Identified providers of mental health or spiritual services.

A peer group discussion will again be moderated by The Reverend (Geraldine Howard), the Reprobate (Rudy Lucas), and the Rebranded (Tony Patterson) a.k.a. The 3Rs

This is a support group free of charge for processing feelings and
making connections during this time of vast uncertainty.

In the best of times it is hard for our voices to rise above the constant noise that has blemished our experience of being African Americans. We have always had others interpret what it is that we feel and need. We want to invite you to share in a safe space that is not under the white gaze. Let's come together in community to interpret how the events of the day are going down. Our experiences hold some things that are not shared by the dominant culture. Join us in “Our Share” space.

Click this link to join the group:

Click this link:  https://us02web.zoom.us/j/3147350246
Meeting ID: 314 735 0246
Call-in: (929) 436-2866

(If you have trouble with the link, please check the EGPS listserv to see if updated information has been posted.)

SAVE THE DATES
(see listserv announcements for more info):

Sunday 6/7 (& weekly) @ 2:00 PM:
Mindfulness Practice Sitting
Guided by Adi Avivi
Tuesday 6/9, 8:45 - 9:45 PM:
EGPS Community Forum
Hosted by Laura Eidlitz

Tuesday 6/16, 8:45 - 9:45 PM:
EGPS Community Forum
Hosted by Teresa Lee

Tuesday 6/23, 8:45 - 9:45 PM:
EGPS Community Forum
Hosted by Judith White

Tuesday 6/30, 8:45 - 9:45 PM:
EGPS Community Forum
Hosted by Rudy Lucas