

Du Bois, W. E. B. (1903 and 1994). *The Souls of Black folk*. New York, N.Y., U.S.A.: Signet Classic.

This classic work contains the short stories and essays that form the basis for the modern Civil Rights Movement. He began a thorough sociological thesis on why blacks in the South had the right to a good education, to be treated with equity and justice and had the right to vote. His concept of “double consciousness” is a seminal contribution to all disciplines who examine the notions of Consciousness. His essays offer a unique insight into the state of mind of an intellectually gifted Black man at the turn of the 20th century as he delivers his eloquent expression of as he says... “What it’s like to be THE PROBLEM.” DuBois fought to resist the eradication of Negro Spirituals by fighting to retain as a vital cultural contribution what he called the “authentic message from the slave to the world.”

Group leaders who have a wish to better understand the “unique” feature of transference/resistance in their patients-of-color will be well served to understand DuBois’ explanation of DOUBLE CONSCIOUSNESS as a “sense of always looking at one’s self through the eyes of others, of measuring one’s soul by the tape of a world that looks on in amused contempt and pity.”

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