



Eastern Group Psychotherapy Society

## Eastern Group Psychotherapy Society New York City

November 20 & 21, 2020

# CALL FOR PROPOSALS

## *"A Mob or a Group: Gathering for Healing, not Harm"*

**PROPOSALS DUE APRIL 30<sup>TH</sup>**

Groups have enormous potential for healing, but they have a dark side as well. Primitive inclinations can become heightened by group processes; emotional contagion can spread, creating a shared reality divorced from fact; defused responsibility can invite extreme behavior; and, for good or ill, a leader can be allowed to dominate. Groups can sink into trances, such that shocking ideas can become tolerated, or even endorsed. We've seen this happen in our society, be that in the internment of Japanese Americans during WWII, in the fervor surrounding McCarthyism, or more recently in the scapegoating of immigrants. Such forces are often active within groups even when they are seemingly therapeutic. To understand this, we must ask ourselves: What do we know about the relationship of group membership to individual responsibility? How can we ensure that our groups are vehicles for healing and growth, when our needs often conflict and our trust in each other is tested. How can we act from our humanity if there are incentives to look away and reasons to stay silent? In short, what tools do we need to ensure our groups do no harm?

We welcome submissions by mental health and group practitioners from all backgrounds and group approaches. We encourage people from underrepresented groups in the field (e.g. racial/ethnic minorities, LGBTQ+, economically disadvantaged) to submit proposals.

Lynn Pearl, PhD, CGP  
Hilary Levine, PhD, CGP  
Program Subcommittee Co-Chairs

Wayne Ayers, PhD  
Kathleen Isaac, PhD  
Annual Conference Co-Chairs

**Email your complete proposal by April 30 to the EGPS Office at [info@egps.org](mailto:info@egps.org).**

**Submissions must include ALL the following information in order to be considered.**  
**PLEASE NOTE: THERE HAVE BEEN SOME CHANGES TO THE INFORMATION REQUESTED. PLEASE DON'T JUST SUBMIT A PREVIOUS PROPOSAL.**

1. **Name, degree/credentials, email address, mailing address, phone, and primary affiliation** (i.e. private practice, agency affiliation). *All requested information needs to be provided for each presenter.*
2. **Title of Presentation**
3. **Length of Presentation:** Half-day Workshop or Full-day Workshop (only those who have presented for EGPS previously will be considered for a full-day workshop)
4. **50 Word Description** of Workshop
5. **Designation of Approach:** Prioritize the appropriate designation(s) in accord with how you will focus your Workshop Presentation: Choose from Didactic, Experiential, Group Process, Sharing of Experience
6. **Participant Level of Experience** (select the appropriate level) Less than 5 years experience; 5 – 10 years of experience; over ten years of experience; over twenty years of experience; Open to all levels. **PLEASE NOTE:** We are looking for workshops geared to specific levels of experience as well as those that are open to all.
7. **Topics Included in your presentation:** list the topics your workshop will cover
8. **Workshop outline:** Include an outline of workshop with time allocations. Ex: Introductions (5 min), Didactic Presentation on the role of supervision in monitoring harmful group dynamics (15 min), Process group (90 min), Debrief (30 min), Evaluations (10 min)
9. **Three learning objectives** that you expect participants to achieve. Use verbs such as: identify, compare; describe, experience, etc.
10. **Five true/false or multiple choice questions** (with answers) that reflect what you expect the participants to learn
11. **Two statements of why this workshop would be relevant to mental health professionals**
11. **CV** for each presenter- please attach to your proposal submission. This document can be a PDF.

**Please check to make sure that ALL the above information is included in your proposal!**  
**Incomplete proposals will not be able to be considered.**

- Presenters from the tri-state area **MUST** be members of EGPS in good-standing. (For those not currently EGPS members, the Membership Application can be found on the EGPS website at [www.egps.org](http://www.egps.org).)
- While you are welcome to submit as many proposals as you like, only one proposal can be accepted for presentation. The Program Sub-Committee will choose from among your proposals in order to put together a varied and balanced program.
- All Conference Presenters must register for the Conference. The reduced registration fee includes attending workshops of your choice (on a first-come, first-served basis).
- Presenters are responsible for providing any audio or visual equipment for their presentation.

**Proposal Deadline: April 30, 2020**

**(completed submissions must be received by this date in order to be considered)**

**All proposals must be submitted as a Word document by email to:**  
**[info@egps.org](mailto:info@egps.org)**

The Program Subcommittee Co-Chairs are available for consultation when preparing your proposal. Contact Program Sub-Committee Co-Chairs Lynn Pearl at [lynnpearlphd@gmail.com](mailto:lynnpearlphd@gmail.com) or Hilary Levine at [hillevinephd@gmail.com](mailto:hillevinephd@gmail.com).