

Anderson, Carol. (2016). *White rage: the unspoken truth of our racial divide*. New York: Bloomsbury

Carol Anderson, PhD, an African-American Professor at Emory University, draws a compelling conclusion that white rage is what keeps the embers of racism burning in the United States today. She draws from her vast and exceptionally well-documented historical knowledge to make a clear and convincing argument. There is no rhetoric, no melodrama, no righteous indignation. It is just plain and simple facts told in an easy to read, compassionate, and powerful narrative.

This work will enable group therapists to be more aware and sensitive to the many and subtle ways in which racism is expressed, and the impact it can have by undermining trust in the therapeutic relationship.

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