



EASTERN GROUP PSYCHOTHERAPY SOCIETY

**IN TIMES OF CRISIS:
USING GROUPS FOR RECOVERY AND RESILIENCE**

Saturday, November 21, 2020 & Sunday, November 22, 2020

Plenary, Friday evening, November 20

ONLINE CONFERENCE

WWW.EGPS.ORG

CONFERENCE THEME

2020 CONFERENCE COMMITTEE

2020 EGPS Virtual Conference
In Times of Crisis: Using Groups for Recovery and Resilience

In early 2020 our world was thrown into crisis as COVID-19 shut down life as we knew it. The threat of contracting the virus, the loss of loved ones, mass unemployment, and mandated social distancing, are only a few of the challenges that have taken a toll on our mental health. And the burden has not been equally borne, with Black, Native American and Latinx people dying at much higher rates than White people. Our hope is that this Conference will allow us to reflect on how we as therapists have navigated these crises - simultaneously shared and disparate – with our patients. How have we adapted to treating patients and running our groups online in these daunting circumstances? How does the particular crisis of COVID-19 interact with the wide array of crises we and our patients regularly face in the course of our work?

This year our Conference will take place entirely online. We are saddened to miss the opportunity to gather in person. And while we know it won't be the same, we have built in opportunities for socializing and breaking bread together throughout the three days of the Conference.

Conference Learning Objectives:

Participants will acquire the skills to:

- identify and describe basic group concepts and processes;
- compare and contrast different methods of group intervention;
- integrate and apply newly learned group skills in their professional practice.

Continuing Education Credits:

In support of improving patient care, this Conference has been planned and implemented by Amedco LLC and Eastern Group Psychotherapy Society (EGPS). CEs are offered for Psychologists, Social Workers, Mental Health Counselors and Marriage and Family Therapists. A total of 15 credits are available.

Please click [here](#) for online registration information and click the Continuing Education tab for specifics of CEs offered for attending this Conference.

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GENERAL INFORMATION

The Eastern Group Psychotherapy Society (EGPS), a regional multi-disciplinary affiliate of the American Group Psychotherapy Association, was founded in 1955 to promote group approaches to the delivery of human services through teaching, training, research and collegial support. The Society welcomes members and event attendees from diverse backgrounds. EGPS offers a wide variety of benefits to their members. Please check out our website at www.egps.org.

Not a member? Join EGPS (www.egps.org) prior to submitting your Annual Conference registration and attend the Conference at member rates! For more information contact the EGPS office at info@egps.org.

EGPS Conference Scholarship Fund:
EGPS makes available a number of partial scholarships to individuals who demonstrate financial need, coupled with a sincere desire to advance their knowledge of group psychotherapy. The EGPS Conference Scholarship Fund is completely funded by donations. Please see the registration form for your opportunity to participate or contact the EGPS office at info@egps.org or 201 880-4773. Your donations are greatly appreciated.

See the registration form to make a donation or Contact EGPS if you are interested in receiving a scholarship to attend.

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PROGRAM OVERVIEW		PLENARY PRESENTATION	
FRIDAY, NOVEMBER 20		FRIDAY, NOVEMBER 20 7:00 – 9:30 PM	
6:30 – 7:00 PM	Socializing Time		LOVE, HATE AND FEAR IN AN AGE OF SOCIAL CRISIS Ronnie Levine, PhD, CGP, ABPP, FAGPA
6:45 – 7:00 PM	Opening Remarks		<p>Therapists and patients alike have been confronted with challenging and transformational changes due to a global pandemic and a social, political and economic crisis.</p> <p>The pandemic crisis has impinged upon our psyche in different discernible ways. Our capacities to think, manage our feelings, adapt to loss and hardships, recover from regressions, relate constructively, form community and develop a resiliency have been tested by the relentless pressures that have emerged.</p> <p>While we have all had to adapt for our basic survival by managing our responses to danger, there has also arisen a developing social awareness of the catastrophic danger of the systemic social, judicial, and economic disparity that disproportionately harms people of color and a disadvantaged class.</p> <p>These traumatic currents are all in the context of a brutal, polarizing electoral environment, which is both reflecting fear and generating it. Questions concerning our leadership and the fate of democracy are among the disturbing social and political dynamics that have emerged and affected our collective minds.</p> <p>In this plenary, we will investigate how some of these extraordinary pressures have affected our minds and the therapeutic process. From a group analyst's perspective, we will explore the crisis and the relational complexities that have emerged in treatment. We will study how we can find a way to work, live and draw on our life force during such troubled times.</p>
7:00 - 9:30 PM	Intro & Plenary		<p><i>Bio: Dr. Ronnie Levine is a clinical psychologist and a group and individual psychoanalyst. A graduate of Cornell University, she has her doctoral degree from Adelphi University, was a Harvard Fellow and a graduate of the NYU Postdoctoral Program of Psychotherapy and Psychoanalysis. Over the years, Dr. Levine has focused her interest on group psychotherapy. She has been weaving her interest in modern psychoanalysis, object relations, relational theories, and group analysis with her understanding of the group experience and primitive emotional communication.</i></p> <p><i>She has conducted many workshops and institutes nationally and internationally and has been the featured conference speaker for several local group societies in the USA. Dr. Levine has been on the faculty of many group therapy programs, which includes Center for Group Studies and the EGPS Training Program in Group Psychotherapy. She has published articles on clinical issues in group therapy and on the group dynamics surrounding the Trump/Clinton election. A former Board member of AGPA and EGPS, Dr. Levine is currently on the Editorial Board of the International Journal of Group Psychotherapy.</i></p> <p><i>Dr. Levine, a Fellow of AGPA, was the Lou Ormont Lecturer in 2009 at the AGPA Annual Meeting, and in 2011 was honored by EGPS for her outstanding contributions to the field of group psychotherapy. Dr. Levine will be the invited discussant for The Foulkes Lecturer in London in May 2021.</i></p> <p><i>Dr. Levine is in private practice in New York City where she conducts individual and group therapy and individual and group supervision. She also has ongoing training groups in Austin, Boston, and San Francisco.</i></p>
SATURDAY, NOVEMBER 21		Plenary Co-Chairs: Kathleen Ault , PMH-NP, BC, CGP, FAGPA, Past President EGPS; Retired Psychiatric Nurse Practitioner & Anne M. Slocum McEneaney , PhD, ABPP, CGP, FAGPA, Global Clinical Services, New York University Student Health Center; Private Practice	
8:30 – 9:00 AM	Coffee talk- Gathering Space		
9:00 – 11:30 AM	“A” Workshops		
11:30 AM – 1:00 PM	Lunch Break		
1:00 – 2:30 PM	Large Group		
2:30 – 2:45 PM	15 Minute Break		
2:45 – 5:15 PM	“B” Workshops		
5:15 – 6:00 PM	Social Space/Happy Hour		
SUNDAY, NOVEMBER 22			
8:30 – 9:00 AM	Coffee talk- Gathering Space		
9:00 – 11:30 AM	“C” Workshops		
11:30 AM – 1:00 PM	Lunch Break		
1:00 – 2:30 PM	Large Group		
2:30 – 2:45 PM	15 Minute Break		
2:45 – 5:15 PM	“D” Workshops		
5:15 – 6:00 PM	Social Space/Happy Hour		

LARGE GROUP EXPERIENCE
SATURDAY, NOVEMBER 21, 1:00 – 2:30 PM &
SUNDAY, NOVEMBER 22, 1:00 AM – 2:30 PM

In these times of oppression, violence and global pandemic, when many of the things we have taken for granted have disappeared, when we have great loss affecting our lives and the lives of many others, we come together to the Large Group to listen, to share and to question ourselves as to how to hold our humanity in the social bond when the threat of dangerous splits surround us. The Large Group offers its members the opportunity to explore these questions and to consider how our identity is informed by ethnicity, gender, class, religion, professional affiliation, country of origin, etc.

This experience may stimulate anxieties related to the discomfort each individual feels as s/he reflects upon the challenge of these larger societal forces. The group members' task is to engage in this experience by sharing their thoughts and feelings while remaining open to learning about their own prejudices and vulnerabilities. Ideally, the participants may discover difficult but transforming truths about the human condition.

The consultants' role is to maintain the capacity for dialogue by identifying common themes and anxieties. Their comments are designed to create a space- a symbolic umbrella protecting the task of the group-where both reflection and an active attention to the unconscious are possible.

Consultants: **Macario Giraldo**, *PhD, Faculty, Washington School of Psychiatry. Found member of Lacanian Forum of Washington, DC* & **Mabelle A. Giraldo**, *MS in Education & Psychology Institute*

Registration for the Large Group is included with Full or 2 -Workshop registration.

SATURDAY, NOVEMBER 21
2-PART WORKSHOPS
9:00 – 11:30 AM & 2:45 – 5:15 PM

Please note you must register for both sessions of these 2-part Workshops

Workshop A1/B12

Introduction to the Basics of Group Psychotherapy
Robin Good, PhD, CGP, FAGPA,EGPS Training Program in Group Psychotherapy; Private Practice; **Marie Rothschild**, LCSW, CGP, Private Practice; EGPS Training Program in Group Psychotherapy; **Alan Shanel**, LCSW, BCD, Private Practice; **Chera Finnis**, PsyD, CGP, FAGPA, Private Practice; Maria Droste Counseling Service
Driven by the learning needs of participants, the morning introduces components of beginning a group in agencies, hospitals and private practice. Topics include assessment/preparation, establishing group boundaries and norms, the therapist's role in early sessions, transference/counter-transference and therapist interventions in challenging scenarios. Attendees experience a process group in the afternoon.
Participants must register for both sessions of this two-part workshop
Open to those with 3 years or less experience
Didactic – Experiential – Sharing of Experience

Workshop A2/B13

Becoming Comfortable with Uncomfortable Group Feelings
Ronnie Levine, PhD, CGP, FAGPA, Center for Group Studies; EGPS Training Program in Group Psychotherapy
During this pandemic, therapists have had to live and work through overwhelming feelings that have been difficult to contain and hold. Groups provide opportunities to travel into unknown emotional territory and, in doing so, create risk and potential emotional growth. This two-part workshop will explore how the leader can provide transformative exploration.
Participants must register for both sessions of this two-part workshop
Open to all
Experiential – Didactic – Sharing of Experience

Workshop A3/B14

To Err is Human: Embracing the Imperfect Therapist
Charlene Pratt, LCPC, CGP, Private Practice
Mistakes in treatment are inevitable. Yet why do these missteps sting so much, even though they can be so valuable clinically? Errors can lead to new awareness in the clinical relationship; what starts as rupture strengthens the therapeutic bond. In this two-part workshop, we will explore participants particular relationship with mistakes, and examine how the repair process can deepen the relationship between group members.
Participants must register for both sessions of this two-part workshop
Open to all
Group Process – Didactic

Saturday, November 21, “A” Workshops 9:00 – 11:30 AM		
Workshop A4	Workshop A6	Workshop A8
Sibling Dynamics in Times of Crisis Erica Gardner-Schuster , PhD, Private Practice; New School of Social Research & Yair Kramer , PsyD, Mount Sinai Morningside This workshop will explore how sibling relationships shaped the ways we relate to ourselves and others in groups. We will look at how our reactions to the pandemic reflect our experiences with siblings in challenging times. <i>Open to all</i> Experiential – Sharing of Experience	Enhancing Emotional Communication in Zoom Groups Greg MacColl , LCSW, FAGPA, Private Practice; Center for Group Studies The major challenge of using Zoom for group therapy is developing ways to increase emotional communication between members. The use of bridging techniques to enhance emotional communication results in renewed investment in the group and counters the feeling of being detached and distant. <i>Open to all</i> Experiential – Sharing of Experience – Didactic	Where Do I Belong? The Pitfalls and Pearls of an Asian American Affinity Group Robert Hsiung , MD, Private Practice; Dr. Bob LLC, Chicago, Illinois & Teresa Lee , MD, Mount Sinai Hospital; Private Practice Due to the heightened anti-Asian American racism during COVID, we created support groups for Asian-American therapists. We describe our experiences leading such affinity groups and discuss their ethics. Through a process group, we explore racism, safety, and subgroups of Asian-Americans. Asians and non-Asians alike are welcome in this space. <i>Open to all</i> Experiential – Sharing of Experience – Didactic
Workshop A5	Workshop A7	Workshop A9
Addressing Silence and Discomfort in Groups Dynamics in Times of Crisis April Harvin , LCSW, Racial Literacy Groups; MPG Consulting & Christine Schmidt , LCSW, Racial Literacy Consultation Groups; Private Practice COVID-19 disproportionately kills black and brown people. How do we process this tragedy in mixed-race groups? One impact of white supremacy in the group process is the assault of silence as an expression of white privilege. As COVID-19 takes far greater tolls on essential workers who are mostly from communities of color, group leaders need to be prepared to address this trauma. <i>Open to all</i> Experiential - Didactic	I Can’t Feel My Legs: Finding our Bodies on Zoom Joan Wittig , BC-DMT, LCAT, Pratt Institute; Private Practice Our group members use their bodies to express their deepest thoughts and feelings. This workshop will use a physical approach to the verbal concept of bridging to examine how group leaders can assist group members in integrating what is happening in the physical body, the emotional body, and the mental body. <i>Open to all</i> Experiential – Sharing of Experience	That Slippery Slope: Sexual Boundary Violations in Psychotherapy Dominick Grundy , PhD, CGP, FAGPA, Private Practice The intrusion of sexuality into professional relationships is a major concern today. Group therapists will read a play called <i>That Slippery Slope</i> by Dominick Grundy about the challenges of erotic attraction in psychotherapeutic encounters. The cast will support a discussion with the audience about this problematic aspect of our work. <i>Open to all</i> Experiential – Didactic – Sharing of Experience

Saturday, November 21, “A” Workshops 9:00 – 11:30 AM (con’t)			Saturday, November 21, “B” Workshops 2:45 – 5:15 PM		
Workshop A10		Workshop B15		Workshop B17	
Longing and Fighting for Connection: Emotionally Focused Therapy in Times of Crisis and Beyond Zoya Simakhodskaya , PhD, New York Center for EFT Crises typically activate our attachment system and can lead to increased relational distress. This workshop will introduce participants to the theory and practice of Emotionally Focused Therapy (EFT) with couples and families and how it can be used to build resilience and connection. Presentation will include didactic, video and experiential formats. <i>Open to all</i> Didactic – Experiential Exercises (using video segments of sessions to demonstrate theoretical material)		Survival Roles During Covid-19: Exploring Them Together Susan Beren , PhD, Private Practice; Systems-Centered Training and Research Institute Systems-Centered Therapy (SCT) ® suggests that we develop “survival roles” during childhood and import them into the present when we are under stress. Covid-19 has triggered survival roles in most everyone. We will discuss the SCT understanding of survival roles, explore them in a group, and discuss their impact on our clinical practice. <i>Open to all</i> Group Process – Didactic		Preventing Intimate Partner Violence in Latino Youth through Culturally Inclusive Empowerment Treatment Strategies in Group Therapy Angelica De La Fuente , PsyD, New York Presbyterian Hospital/ Columbia University Medical Center & Angelica Terepka , PsyD, New York Presbyterian Hospital; New York Cognitive Therapy & Wellness Center This workshop will discuss group therapy treatment incorporating specific culturally sensitive interventions aimed at decreasing the prevalence of interpersonal violence (IPV) among Latino youth. Facilitators will reflect on cultural values connected to IPV relational patterns, as well as barriers to treatment faced by Latino populations. <i>Open to all</i> Didactic – Experiential	
Workshop A11		Workshop B16		Workshop B18	
EVERYMAN Mens’ Groups During These Stressful Times; Why and How They Work Paul Browde , MD, Private Practice & Owen Marcus , MA, EVERYMAN EVERYMAN provides peer-led support groups for men; hundreds of men participate in these open and themed groups (e.g. men in recovery; GBTQ). This workshop will address why men want these groups, examine how these groups work in this time of crisis and introduce tools for working with men. <i>Open to all</i> Experiential – Sharing of Experience – Didactic		Envy and Womxn and Group, Oh My! Jacqueline Ambrosini , LMSW, Private Practice; Center for Modern Psychoanalytic Studies & Teresa Solomita , LCSW-R, Center for Group Studies; Private Practice Womxn are powerful allies and yet envy and fear of envy can remain unacknowledged, wreaking havoc. Social isolation may exacerbate our projections of envy as we peer through the Zoom lens. This workshop will explore the way envy is experienced between womxn and how that plays out in groups. <i>Open to female-identified persons of all levels</i> Experiential – Didactic – Sharing of Experience		Becoming an Anti-Racist Private Practitioner Chris Dolin , LCSW, Private Practice; Racial Literacy Groups & Kevin Gillette , PsyD, Private Practice; Racial Literacy Groups Building on Ibram Kendi’s formulation, we can construct and operate our private practices to express our personal values and contribute to social justice and healing. We will explore topics such as: 1) using a Diversity-Equity-Inclusion approach to our caseload and fee structure; 2) including race in conversations with all our clients; 3) studying our intra- and interracial interventions with both individuals and groups. <i>Open to all</i> Sharing of Experience – Didactic – Experiential	

Saturday, November 21, “B” Workshops 2:45 – 5:15 PM (con’t)		Sunday, November 22, Two-Part Workshops 9:00 – 11:30 AM & 2:45 - 5:15 PM
Workshop B19	Workshop B21	Please note you must register for both sessions of these 2-part Workshops
Love Thwarted/Love Bites: Reenacting and Resolving Sado-masochistic Dynamics in Group Judith Schaer , LCSW CGP FAGPA, EGPS Training Program in Group Psychotherapy; Long Island Center for Group Training & Gil Spielberg , PhD, ABPP, Institute of Contemporary Psychoanalysis, Private Practice Los Angeles, California This workshop will explore sado-masochistic dynamics that get played out in group. Group members can be mysteriously drawn to each other and re-enact complementary emotional wounds that have the potential to either destroy or enhance the relationship. Only when fully engaged by each other and the group as a whole can this re-enactment become an opportunity for change. <i>Open to all</i> Experiential – Sharing of Experience – Didactic	The Real Relationship Rediscovered in The Age of COVID-19 Lisa Stern , PhD, ABPP, Adelphi University; Private Practice We have moved to Zoom, but our therapeutic relationships are closer, more real. We are all living with loss, highlighting our common humanity. This workshop will rethink the concepts of the real relationship and the therapeutic relationship, and propose an evolved real relationship, responsive to living a shared, enduring trauma. <i>Open to all</i> Group Process – Didactic	Workshop C23/D33
Workshop B20	Workshop B22	Sister Circle: Connection, Competition, Complicity Fabiola Desmont , LMSW, Private Practice; LEAP-Training & Consulting Services, LLC & Kathleen Isaac , PhD, NYU Langone Health; Private Practice Feminist dialogue has often excluded the voices of women of color, failing to identify the roots of intersectionality and the underpinnings of white supremacy. This two-part workshop will explore what happens in a womxn only group, unpacking the complexities of the female experience and offering opportunities to connect and learn from each other. Participants must register for both sessions of this two-part workshop <i>Open to female identified/womxn only; all levels of experience</i> Experiential – Group Process – Sharing of Experience – Didactic
Exploring Mortality: How Therapists (and their Groups) Interact with Death Joe Hovey , LCSW, Private Practice; Institute for Human Identity Therapists, like our patients, must confront the realities of our shared mortality, especially in the era of Covid. Participants will explore as a group the ways we can ethically and effectively respond to the potential impacts of illness, aging, and death. <i>Open to all</i> Didactic – Experiential – Sharing of Experience	Where the Wild Things Are: Encountering the “Other” in Times of Crisis Simon Bresler , LCSW, CGP, Private Practice & Kerin Nadler , LCAT, CGP, Private Practice; Mount Sinai Hospital “Otherizing” increases during times of crisis as we take refuge in our affiliations, overestimate our differences, and live in the comfort of our narratives. This workshop explores ways that we engage with and identify as the “Other.” <i>Open to all</i> Group Process – Didactic – Sharing of Experience	Workshop C24/D34
		Coming Alive: From Stagnation to Vitality in Group Process Angelo Ciliberti , PsyD; Private Practice, Bolder Colorado Risk-taking, discovery of self and other, and empowering experiences of conflict are characteristics of a group infused with emotional vitality. But what about when the group gets mired in flatness? This two-part workshop addresses common blockages to aliveness in groups and how we can resolve them as leaders. Participants must register for both sessions of this two-part workshop <i>Open to all</i> Experiential – Didactic

Sunday, November 22, Two-Part Workshops 9:00 – 11:30 AM & 2:45 - 5:15 PM (con’t)			Sunday, November 22, “C” Workshops 9:00 – 11:30 AM		
Workshop C25/D35		Workshop C26		Workshop C28	
<p>Lessons from Hamlet to the Clinician: On Love, Desire, Mourning, and The Death Drive Macario Giraldo, PhD, Private Practice; Washington School of Psychiatry Washington, DC Hamlet's tragedy has inspired many writings in Psychoanalysis. In this two-part workshop we will pay attention to Love, Desire, Mourning and the Death Drive. Focusing on the central characters in the tragedy of Hamlet, we have a group with complicated dynamics. This gives us the opportunity to learn from this group about human subjectivity and how to apply that to our clinical work. Participants must register for both sessions of this two-part workshop <i>Open to all</i> Didactic – Experiential – Sharing of Experience</p>		<p>Hiding in Sight: Studying Unconscious Group Dynamics in Virtual Spaces Kelley Hershman, LMHC, The Soho Center for Mental Health Counseling, Autumn Knight, MA, Private Practice & Mary B. McRae, EdD, Private Practice The novelty of experiencing virtual groups has led to decreased attention to the unspoken group dynamics as they relate to power, authority, and leadership. The goal of the workshop is to use Drama Therapy and Tavistock theories to confront unconscious group processes in virtual spaces. <i>Open to all</i> Experiential</p>		<p>Working Towards Recovery in an Unstable Time: Relationship with Body and Food Heather Holtman, EdD, Columbia University Medical Center People with eating disorders often struggle in isolation due to feelings of shame. The pandemic has amplified symptoms for many. In this workshop, the leader will share her experience in a weekly Zoom group working with clients' concerns about their bodies and food. Participants will have the opportunity to share their own related experiences. <i>Open to all</i> Sharing of Experience</p>	
		Workshop C27		Workshop C29	
		<p>Facing the Challenge: Group Goes to Business School Darryl Pure, PhD, CGP, ABPP, FAGPA, University of Chicago, Booth School of Business; Private Practice, Chicago, Illinois Group therapists have valuable skills that are transferable to business. Participants will learn how their skill set can translate to a corporate culture through a combination of exercises and T-group experiences designed to teach interpersonal dynamics. <i>Open to all</i> Didactic – Experiential</p>		<p>Therapist Centered Group Psychotherapy: Excitement, Bigness and Shame Stewart Aledort, MD, Private Practice, Washington, DC This workshop is about the therapist's role in attempting to locate and work with the hidden passions in shame with a strong focus on the makeup of the therapist's bigness. The therapist's use of the lap will be explored, as well as understanding how the earliest mis-attunements make themselves known in the group process. <i>Open to all</i> Didactic – Supervision – Experiential</p>	
				Workshop C30	
				<p>Relationships Under Quarantine: Lessons from the COVID-19 Pandemic Tzachi Slonim, PhD, CGP, ABPP, CUNY; Private Practice Whether alone in an apartment for months, with a loved or hated partner, with children or with parents, the COVID-19 quarantine requirements have dramatically impacted all of our relationships. This workshop will provide a forum to explore and better understand the changes we've all had to make to our relationships. <i>Open to all</i> Experiential – Sharing of Experience</p>	

Sunday, November 22, “C” Workshops 9:00 – 11:30 AM (con’t)			Sunday, November 22, “D” Workshops 2:45 – 5:15 PM		
Workshop C31		Workshop D36		Workshop D38	
<p>Writing for Publication in Times of Crisis Marty Cooper, PhD, SUNY Old Westbury; Cooper Mental Health Counseling, Brunhild Kring, MD, New York University & Jonah Schwartz, LCSW, Correctional Health Services/NYC-HHC</p> <p>While often seen as a solitary pursuit, writing takes on a powerful function as a collective activity - particularly in times of crisis. This workshop, facilitated by the editors of GROUP, will help participants develop their ideas about their clinical experiences within the supportive context of a writing group.</p> <p><i>Open to all</i> Experiential – Sharing of Experience – Didactic</p>		<p>White Authority and Leadership in the Present Time: A Workshop in the Group Relations Tradition Howard Friedman, PhD, Private Practice; A.K. Rice Institute & Isabelle Reiniger, LCSW, New York Center for the Study of Groups; Chicago Center for the Study of Groups and Organizations, Chicago, Illinois</p> <p>Authority in North America has not usually been named as white authority; it has simply existed as such. This workshop introduces the group relations approach for understanding one's relationship to authority and leadership. What responsibility do white people have for how they take up leadership in a multi-racial society?</p> <p><i>Open to all</i> Group Process – Didactic</p>		<p>The Therapist’s First Group: What We Learned About Crises, Recovery and Survival in our Families of Origin Alice Byrne, LCSW, CGP, FAGPA, Private Practice; Postgraduate Center Group Program & Amy Kossoy, BA, Icahn School of Medicine, Mount Sinai; Mount Sinai World Trade Center Health Program</p> <p>Using various mediums, such as writing, movement and sharing of experience, this workshop will explore how people's responses to crises are linked to what they experienced in their first group, their family of origin.</p> <p><i>Open to all</i> Group Process – Sharing of Experience – Didactic</p>	
Workshop C32		Workshop D37		Workshop D39	
<p>Group as Safe Harbor: Pursuing Mind/Body/Spirit Equilibrium in the COVID Storm Johanna Climenko, LCSW-R, BC-DMT, LCAT, CRET, Center for Reichian Energetic Therapy; Private Practice & Nelly Katsnelson, MD, CGP, Montefiore Medical Center/AECOM</p> <p>This pandemic and its wake have cut us all adrift from our natural moorings. In our group, upheaval can open us to plumb uncharted realms of individual and group process. As we navigate the continuum of body/mind/creativity/spirit, we can anchor in an expanded sense of self, individually and collectively.</p> <p><i>Open to all</i> Didactic – Group Process – Sharing of Experience</p>		<p>Opening to Difference while Fighting for Survival Neal Spivack, PhD, CGP, FAGPA, Manhattan VAMC; Private Practice</p> <p>Opening to new information is challenging when a person sees their survival at stake. Using clips from the film Room, this workshop examines the challenges of working with people who fear for their survival and explores ways to support openness to new information to facilitate change.</p> <p><i>Open to all</i> Didactic – Sharing of Experience</p>		<p>The Improvisational Therapist: Discovering Your Clinical Self Through Improv Andrew Eig, PhD, ABPP, Derner Institute, Adelphi University; Private Practice & Lee Kassan, MA, LP, LMHC, CGP, LFAGPA, Private Practice; Training Institute for Mental Health</p> <p>Early career professionals can find it difficult to follow their training and still find their unique clinical voice. Using improv theater games, this workshop will help participants develop a more authentic and spontaneous approach to their work.</p> <p><i>Open to those with less than five years experience</i> Experiential – Sharing of Experience</p>	

Eastern Group Psychotherapy Society
2020 Online Annual Conference
Registration Information

Workshop D40

How to Wrangle an Ending

David Rothauser, MA, MS, Private Practice

Endings are fraught with resistance and full of complexity. They evoke painful memories of past terminations and the unknown and are particularly charged against the backdrop of uncertainty inherent to today's world crises. We will explore what it means to end well, so members can benefit from and even look forward to endings.

Open to all

Experiential – Didactic - Sharing of Experience

Workshop D41

Uptown Group, Downtown Group: Similarities and Contrasts Between the AIDS Epidemic and the COVID Pandemic, and What They Can Teach the Group Therapist

Justin Hecht, PhD, CGP, FAGPA, University of California, San Francisco; CG Jung Institute of San Francisco, California

Exploring the parallels between the AIDS and COVID crises, we will work to understand how these crises influence our development as clinicians. Following Dr. Hecht's reflection on approaches learned in the Uptown and Downtown groups in 1989, participants will share their experiences from working during times of threat and disorientation.

Open to all

Sharing of Experience – Didactic

Workshop D42

I'm a Superhero? Understanding our Reactions to our Patients' Distress

Scott Sasso, PhD, Private Practice

Clinicians' responses to members in crisis are always colored by their own psychologies. We will examine our internal pressure to "rescue" patients in order to alleviate our own anxiety.

Open to all

Group Process – Didactic

REGISTRATION OPTIONS:

- Full Conference: Registration includes 2 days of Workshops, Large Group and Plenary
- 2 Workshops: Registration includes 2 Workshops (do not have to be on the same day), Large Group and Plenary
- Plenary Only: Registration includes Friday evening Plenary only (Does not include Large Group or Workshops)

FEES:

BY November 9th:

FULL CONFERENCE

Members: \$250

Nonmembers: \$325

Students/Residents: \$110

AFTER November 9th:

FULL CONFERENCE

Members: \$290

Nonmembers: \$340

Students/Residents: \$130

2 WORKSHOPS ONLY (they do not have to be on the same day):

Members: \$150

Nonmembers: \$225

Students/Residents: \$ 75

2 WORKSHOPS ONLY (they do not have to be on the same day):

Members: \$175

Nonmembers: \$250

Students/Residents: \$ 90

PLENARY ONLY \$100

PLENARY ONLY \$100

Continuing Education Credits: For those requesting CEUs there is an additional \$30 fee.

Conference Scholarships are available. For information: info@egps.org. Donations to the Conference Scholarship Fund are greatly appreciated and can be made at the time you register.

Cancellation Policy: Cancellations received prior to November 9th will be assessed a \$50 fee. There are no refunds for cancellations received after November 9th.

Discounted Rates for groups of registrants from the same organization (5 or more people). Contact info@egps.org for more information.

[CLICK HERE TO REGISTER](#)